

1. Outpatient treatment may include diagnostic services; crisis intervention; individual, group, or family therapy; and medication. Outpatient services are provided by a qualified professional staff member of Clinicas Del Camino Real, Incorporated.
2. Outpatient therapy consists of face-to-face or telehealth (video calls on a computer, tablet, or smartphone or voice call) contacts between a qualified professional and the person in treatment, focusing on the presenting problem and associated feelings, assessing possible causes of the problem and previous attempts to cope with it, and possible alternative courses of action and their consequences. The frequency and type of treatment will be decided between you and your therapist.
3. You are expected to benefit from therapy, but there is no guarantee that you will. Outpatient treatment does not have significant risks for the patient. Maximum benefits will occur with regular attendance but you may feel temporarily worse while in treatment.
4. Failure to keep your appointments or to follow treatment recommendations may result in your treatment being discontinued. If you cannot keep your appointment, you are expected to notify the health center 72 hours in advance or your appointment may be canceled and/or rescheduled for another day.
5. All information and records obtained in the course of treatment shall remain confidential and will not be released without your written consent except under the following conditions:
 - a. You are a non-emancipated minor, ward of the court, or an L.P.S. conservative.
 - b. To government law agencies to protect the lives of federal and state elective constitutional officers and their families.
 - c. To the courts subpoenaed.
 - d. To prevent bodily harm to another person (Tarasoff v. Regents of University of California, 1976)
 - e. To juvenile authorities when child abuse is observed or suspected (Penal Code Section 11161.5)
 - f. To authorities when there is known or suspected abuse of dependent adults or elders (Welfare & Institutions Code 15630)
 - g. If the therapist has reasonable cause to believe you are in danger of harming yourself (Evidence Code 1024)

There may be other circumstances in which a court may decide that privilege does not exist.

6. You have the right to accept, refuse, or stop outpatient treatment at any time.
7. Clinicas del Camino Real, Incorporated, provides comprehensive services. Clinicas healthcare providers may share information related to your health within the different departments of Clinicas del Camino Real, Incorporated, to make sure you receive the best health care.

I have read the above and I agree to accept treatment.

Patient Signature: _____ Date: _____

Parent/Guardian/Conservator Signature: _____ Date: _____